

Training module

Autism patient care

Module Description

This interactive training module aims to develop healthcare providers' competence and confidence in caring for autistic patients through a blend of lectures, case studies, and skills workshops. Participants will gain foundational knowledge of autism spectrum disorder (ASD), explore best practices in communication, recognize comorbid conditions, and practice patient-centered care approaches in clinical settings.

Academic Contents

- **Day 1: Foundations of Autism Patient Care**
 - Introduction to Autism Spectrum Disorder (ASD): Core concepts, diagnostic criteria, and common myths.
 - Core presentations of ASD and associated impairments.
 - Medical and psychiatric comorbidities.
 - Effective communication strategies with autistic patients and families.
 - Case studies and reflection exercises.
- **Day 2: Clinical Practice and Team Care**
 - Planning wellness visits and preventive care for autistic individuals.
 - Accommodations and trauma-informed care.
 - Managing challenging behaviors and crisis prevention.
 - Transitions of care: Social and healthcare transitions.
 - Building and working within a multidisciplinary care team.
 - Role-play scenarios and toolkit activities.

Learning Outcomes

- Define and outline diagnostic criteria for ASD and related comorbidities.
- Apply evidence-based communication methods to support autistic patients.
- Anticipate triggers for anxiety and challenging behaviors and manage them effectively.
- Demonstrate the ability to plan and deliver autism-responsive clinical and preventive care.
- Collaborate effectively with interprofessional care teams to improve patient outcomes.
- Enhance confidence and self-efficacy in autism patient care, with lasting impact.

Teaching Aids

- Curriculum kits (manuals, videos, slides, reference sheets).
- Interactive online modules and webinars.
- Role-play sheets and group scenario scripts.
- Professional development books and guidebooks (e.g., “Good Autism Practice for Teachers”).
- Patient and family case studies.
- Reflection and feedback worksheets.
- Video demonstrations of communication and behavior strategies.

Time Schedule (Two Days)

Day/Session	Content Areas	Teaching Aids	Duration
Day 1 AM	Introduction to ASD, Myth/Facts, Core Presentations	Slides, videos, manual	2 hours
Day 1 Midday	Diagnostic Overshadowing, Comorbidities	Case study sheets	1.5 hours
Day 1 PM	Communication Strategies, Reflection Activity	Role-play, toolkit	2 hours
Day 2 AM	Clinical Care Visits, Preventive Health	Guidebooks, group tasks	2 hours
Day 2 Midday	Challenging Behavior, Transitions of Care	Webinar/video, worksheets	1.5 hours
Day 2 PM	Team Care, Advocacy, Scenarios, Wrap-up	Reflection notes, feedback	2 hours

Final remarks and future contact and feedback, certificates.

Venue and delivery mode: Qimam foundation KSB- MED Center halls

- Physical: Clinical skills simulation center, AV facilities.
- Online: Virtual classroom with video demonstrations, interactive case discussions.